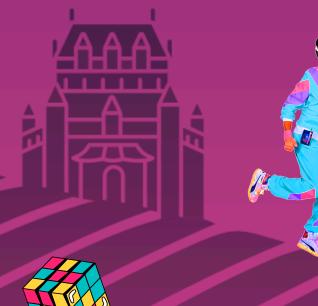








- two waves of registrations spaced 7-10 days apart;
- a wave of registration will open in the morning;
- the second at the end of the afternoon;
- no email alert of the opening of registrations;
- first come, first served;
- online payment only;
- a person can reserve all of their team's bibs (15-day deadline to complete the civility of each runner);
- Group limited to 30 runners;
- provision of a pps attestation from june 5 to confirm your confirmation;







## CHARTER FOR THE FUTURE MEDOC MARATHON RUNNER



BY REGISTERING FOR THE 40TH MEDOC MARATHON, I COMMIT TO:

• complete the 42.195km in the allotted time, i.e. 6h30 maximum.

meeting the time limit also means respecting the people who supervise the event : doctors, paramedics, police, firefighters, musicians, volunteers, they contribute to your happiness of being among the 8,500 registered.



- taste in moderation the wines offered by the owners on the route.
- respect our beautiful territory by throwing away my waste in areas dedicated to this purpose.
- ensure (for your safety) that my bike and scooter guides are only present on the bike route.
- respect this charter, for the pleasure of all.



